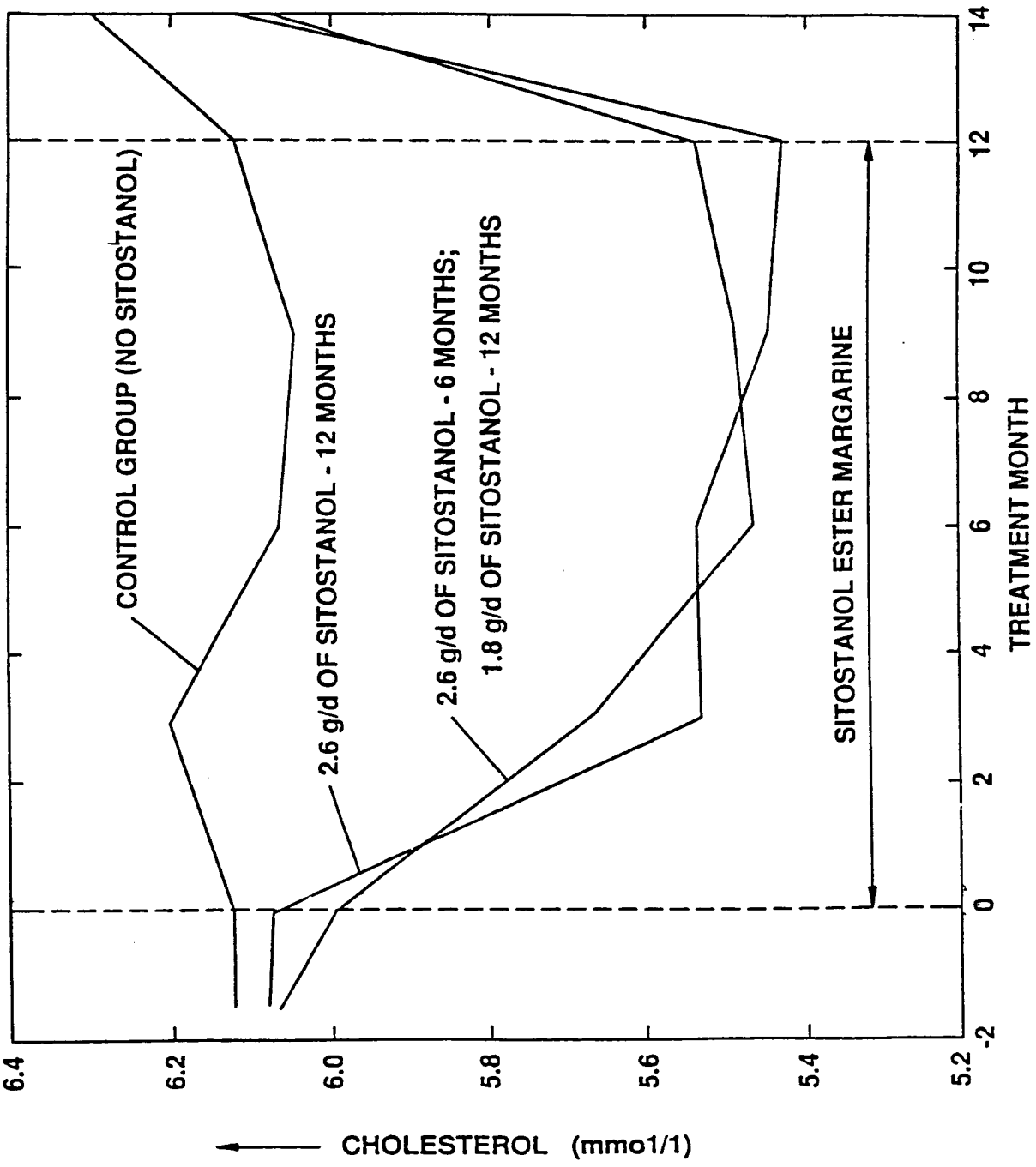
FIG. 1


CONTROL GROUP (NO SITOSTANOL)
2.6 g/d OF SITOSTANOL - 12 MONTHS
2.6 g/d OF SITOSTANOL - 6 MONTHS;
1.8 g/d OF SITOSTANOL - 12 MONTHS
SITOSTANOL ESTER MARGARINE
6.4
6.2
6.0
5.8
5.6
5.4
5.2
-2
0
2
4
6
8
10
12
14
TREATMENT MONTH
CHOLESTEROL (mmol/1)